BECOME A TRANSFORMATIVE Nurse Coach

What is a **Nurse Coach?**

A Nurse Coach is a Registered Nurse who has been trained to integrate coaching techniques and mindsets into their nursing practice. As a Nurse Coach, you partner with your patients to support them in setting and achieving their goals.

Nurse Coaches learn to cultivate the courage and skills to practice nursing in a way that is integrative, holistic, and deeply valuable for your patients.

Nurse Coaches demand more than the status quo. They work from an empowered place, helping others make the real changes in their lifestyle that will put them on a path towards wellness.

Who should become **a Nurse Coach?** Part I

Ask yourself these questions:

- Do you want MORE out of your nursing practice?
- Would you like to help your clients on a deeper level, while creating more happiness and fulfillment in your career?
- Are you tired of symptom management and quick fixes, and are you ready to stop putting bandaids on problems that need real solutions?
- Would you prefer an integrative approach that promotes wellness and focuses lasting lifestyle change?
- Do you want more professional freedom and opportunities?
- Do you want to reconnect with your purpose as a nurse, and create your ideal professional practice in a way that works for YOU.
- Are you feeling burnt out?

Who should become **a Nurse Coach?** Part II

Ask yourself these questions:

- Do you want to advance your career, without needing to go back to school for years or investing tens of thousands of dollars in another degree?
- Are you looking for a community in nursing who understands you so that you can be surrounded by forward-thinking Nurse Coaches?
- Do you want to start your own business and coach your clients towards health and wellness?
- Do you love connecting with your patients and crave deeper relationship with those you work with?
- Are you ready to re-prioritize your own wellbeing?

Who can become a **Nurse Coach?**

Any RN with an active and unrestricted license can take the training program to become a Nurse Coach.

Whether you're a new nurse, an experienced nurse, a bedside nurse, a home health nurse, an advanced practice nurse, a NP, a nurse manager, a nurse leader, a nurse educator, a chief nursing officer, or an entreprenurse... you will be a home here.

We work with nurses from every walk of life, every background, every specialty, and from every corner of the country (and beyond).

What is the **Board Certification?**

In 2012, the American Holistic Nurses Credentialing Corporation (AHNCC) created a **Board Certification in Nurse Coaching**.

This is a nationally accredited, Magnet recognized certification, and is a great way to advance your practice.

These credentials will set you apart from any other health and wellness coach out there!



Nurses who train with us will also become eligible to take the **Holistic Nurse Board Certification**.

<u>Check out our website</u> for more details on Board Certification and specific eligibility requirements.



What if I don't qualify for the Nurse Coach Board Certification?

Board Certification is now more accessible than ever. RNs with their diploma, ADN, BSN, or beyond can all qualify for the boards.

But even if Board Certification is not your end goal...

You can still take the Transformative Nurse Coaching program and become a highly skilled, highly trained Nurse Coach.

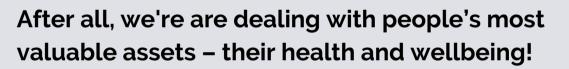
Nurse Coaching offers you tools and techniques that can be implemented into every area of you life and every setting within nursing. So even if you don't become Board Certified, you'll have ample opportunities to put your learning into practice!



Our world NEEDS more Nurse Coaches!

Health and wellness coaching is a a multibillion dollar industry - and growing exponentially. Yet for the most part, it remains unregulated. This means that literally anyone can call themselves a "health coach."

Despite best intentions, untrained "coaches" practicing in a way that is not informed by evidence or backed with the proper training is downright dangerous.



No one in the world is better suited to work as a health and wellness coach than YOU - a Nurse.

In fact, nursing is the first and only licensed profession to create a Board Certification in health and wellness coaching.

As a Nurse Coach, you bridge the gap between medicine and healing.





Our world NEEDS more Nurse Coaches!

The more power and autonomy that nurses are granted, the more we step up in ways that are unprecedented.

Nurse Coaches will be paramount in transforming the health of our nation and world by engaging in powerful conversations and partnerships that facilitate transformation toward improved health and wellbeing.

The demand for Nurse Coaches is enormous.

People desperately want help to reform their health. And who do they trust? You - the Nurse Coach.

With chronic disease, loneliness, and obesity on the rise - there is an urgent need to empower people to take control of their own health by intentionally designing their lifestyle.

With the support, guidance, and compassion of well trained Nurse Coaches, these transformations toward healthier and more intentional living have the potential to change the world.

What are the professional opportunites for a Nurse Coach? Part I

- As a nurse, you know that your professional possibilities are endless. This becomes exponentially true when you add Nurse Coaching to your skill set.
- As a Nurse Coach, you can choose to start your own practice and work with your own clients in a way that works for you. You can design your Nurse Coaching practice based on your own interests and strengths.
- Nurse Coaches can partner with providers, insurance companies and wellness industries.
- Nurse Coaches work in hospitals, clinics, health centers, and for insurance companies.
- You can work within the corporate world, employee health, nonprofits, the military, and community health.
- You can work with individuals or groups, in-person or remotely.
- With a little bit of creativity and gusto, Nurse Coaches are finding and creating positions in every single one of these areas, and beyond.

What are the professional opportunites for a Nurse Coach? Part II

- While Transformative Nurse Coaches can focus on health & wellness coaching, at the end of the day, everything is connected. When someone is having difficulties with their personal relationships, it can effect their health. When someone is unsatisfied with their job, it can increase stress and have negative health outcomes. These are just a few examples to demonstrate that as a Transformative Nurse Coach you address ALL of these areas with your clients, by taking a holistic approach.
- Transformative Nurse Coaches may choose to focus on health and wellness coaching, but they can also explore other areas of focus such as business coaching, executive coaching, leadership coaching, team development coaching, managerial coaching, life coaching or any combination of these.
- Transformative Nurse Coaching is an incredibly versatile field, and you can truly practice in a way that works for YOU.

How do I Become a Nurse Coach?

Transformative Nurse Coach Certificate Program

The Transformative Nurse Coach Certificate Program is a 7-month program which offers you everything you need to become a Nurse Coach.

100% Online & Remote Learning.

Earn 120 CNEs which you can use to:

- Become a Board Certified Nurse Coach
- Becomes a Board Certified Holistic Nurse
- Renew your nursing license

Includes 60 hours of Nurse Coaching Pracitcum and Supervision.

State-of-the-art remote learning. Exclusive access to online modules, course manual, and group video-conferences.

Lifetime access to all modules and our incredible, exclusive community of like-minded nurses.

Find complete course details online!

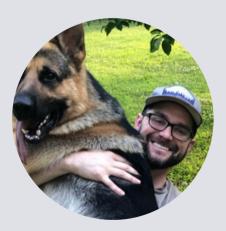




The Nurse Coach Collective was empowering and filled with knowledge. The community is powerful. I'd recommend this program to any nurse who's seeking to make a career change or to add valuable skills that can be used in the hospital setting as well. - Paulette Ortiz, BSN, RN

This class has been the most profound experience and has drastically changed all areas of my life. It's an honor to have such brilliant, in-tuned classmates and mentors; they were the energetic push I needed. Such a powerful group. - Michelle Vigil BSN, RN-BC





This course has been life-changing and the universe could not have put it in my life at a better time. It's

been a journey into 'self', and I've come out as a different person. Each lesson helped me to develop healthy, sustainable habits and share them with others! Now let's all go flip the broken healthcare system on its head.

- Sean Patrick Devlin, RN, BSN



This course has been the catalyst for the quantum leap in my life - personally and professionally. I'm continuously learning to fearlessly coach myself first so I can do the same for my clients. So grateful for this deeply transformative training for nurses who have come to explore the true art of nursing. - Michelle Vela. RN BSN

I'm starting my own Holistic Nurse Coaching

program. I can now teach people how to look at the whole picture. Would I recommend this course? Absolutely - 110% yes. Not only has it changed me as a nurse, but as a mother and friend also.

- Shauntel Stewart, RN





This was one of the best decisions I've ever made.

I'm now trained and empowered to guide people toward health and wellness in a way I wasn't before. I'm so excited to move forward with a practice that is ideal for me. That is the beauty of this program, you can take it and make it your own.

- Janice Sheppard BSN RN

www.TheNurseCoaches.com/reviews



100's of classes, dozens of certifications... THIS is the one that not only changed my view & nursing practice, but it saved my soul. My new skills have personally changed from me from a jaded, hardened, battle-axe ICU nurse to an empowering, optimistic, motivating health care professional! I used to hope I made a difference... now | KNOW | make a difference. - Jobee, RN

This course has been absolutely wonderful! The

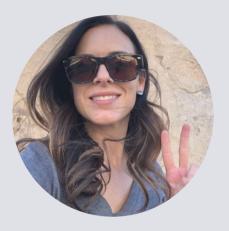
community has been supportive and the vision is absolutely beautiful. I've been able to get through a tough time in my career, make my health my priority while working towards a vision for the future of healthcare that resonates with me deeply.





- Ian Kirk RN, BSN

This course has been life changing for me. It's not only prepared me professionally to become an amazing nurse coach but it has also helped me on a personal level. I've discovered things about myself that have totally transformed my life forever! - Wanda Trotman, MSN, CRNP-BC



This program has helped me discover more about myself than I ever imagined. In just a few months, I've grown exponentially. The instructors are incredibly knowledgeable and passionate about our future, success and wellness. It's well organized, evidence based, interactive and cutting edge.

- Amber High, CRNA

First class training! When I found the nurse coach collective I was looking for a new way to further my training as a clinical mentor for new grad nurses. Not only did I find that, but I found a curriculum that has challenged me and become a catalyst for a whole new way to care for people and myself.



- Jamie Ulrich BSN, RN, CMSRN, PCCN-K



My life prior to the Nurse Coach Collective was empty and the state of health care was far from what I envisioned when I decided to become a nurse. This course has unlocked so many new possibilities and equipped me with the knowledge, confidence, and skills to share with others. This was the best decision I have made for my career and now doors are being created and my nursing career is so much more fulfilling!

- Dietra Dalton, BSN, RN, IBCLC



I'll thank the FB algorithms - since that's how I found this program! This course changed how I think & interact with the world. It's so much more than

educational, it walks you through how to change yourself first, so you're ready to support others. I've loved this program, and I'm so glad I followed my intuition in taking the leap into the world of Nurse Coaching.

- Jenie Bennett, BSN, RN

Life-Changing! Restorative! ReVitalizing! Abundant and Absolute Freedom!! As a result of taking this course, I've been able to use my nursing license in a way I never expected. To other nurses considering taking this course, I would tell you: "Trust your gut. Don't let fear hold you back. Don't worry about the money. This is a decision and investment you won't regret! It will change your life and open doors in ways you never expected."



- Ruth Rehart, RN, BSN, Holistic Nurse



I'm so glad I trusted my gut and jumped head first into this course. Whatever your reason for seeking something more out of your nursing journey...this course will provide you growth in areas you never even considered.

- Brenna Hohmann, BSN, RN



This course has changed my life! I didn't come to this course burnt out or in crisis. I came to it wanting to improve my nursing practice, better myself, and learn about coaching others to improve their health and wellness. I got all of this and more from the course. Everything about this program is well worth it. - Mary Birmingham, RN, BSN

This is the future of nursing and I am thrilled to be here as Nurse Coach! I had almost given up on being a nurse, feeling so disillusioned and like I could never make a real difference for my patients. Never enough time or support to nurse the way I wanted to. Then, I found this course - and it was the best decision I could have made for my career, it was like a hope infusion from day ONE!



- Kami Schaal RN, BSN



Finally, I can be a true change agent for others.

Before taking this course I felt exhausted and desired a change in my career. After completing the course I can say that my direction has changed and I am hopeful! I now will be able to able to assist others in reaching their optimal potential in life. I now have the tools and a host of support.

- Umeka Covington, RN



I was forced to make a drastic career change due to the pandemic. **Finding this class, and group of people was literally life changing!** I now feel stronger, more knowledgeable and able to move forward in my private practice. This is definitely where I am supposed to be headed in my life and I thank the Collective for that realization!

- Kelly Martineau RN, OCN, Holistic Nurse Coach

I have zero regrets or complaints with any portion of

this course. I watched from the sidelines for months checking out the course to see if I trusted it. I wanted to have my own practice but it felt like such a mountain that was out of reach. I didn't feel confident or qualified. This course changed everything for me. An incredible community of information, safety, encouragement, plus a wealth of resources. Well organized, personal, efficient, warm, and an incredible asset to my life.



- Connie Diffenderfer, BSN, RN



This course is a gateway to access a power within all nurses that has been stifled by the everyday pressure placed on us. When Nurse Coaches work together, we can bring a sweeping change to the healthcare system that has not only failed us but also our patients.

- Claire Dimaculangan, RN, BSN, Travel ER RN

We are the future of nursing. We are Nurse Coaches.





THE NURSE COLLECTIVE

Still have questions? We've got answers! Get in touch! Shoot us an e-mail or you can schedule a phone call with our team when you apply.

Info@TheNurseCoaches.com <u>www.TheNurseCoaches.com</u>